



KOSHER SA
A Division of the UOS

KOSHER UPDATES & NOTICES

FEBRUARY 2024

Dear Community Member,

Get ready to stay in the loop! We're excited to bring you the latest and greatest in new kosher products and kosher updates. From special announcements to Food Service showcases, we've compiled a complete rundown from the past month.

Don't miss out on what's new in our kosher universe... Take a deep dive below!

NOW OPEN



Pekarnya – Yana's Bakery
Online Bakery
Cape Town

CONTACT
YANASBAKERY@GMAIL.COM
WHATSAPP CATALOG
+27 78 142 3658



Parev & Dairy
(Pas Yisrael)



Burger Park
Genesis Shopping Centre
10 Sandler Rd, Fairmount, Johannesburg

TRADING HOURS
MONDAY-THURSDAY 17H00-21H00
FRIDAY CLOSED
SATURDAY 30+ MINUTES AFTER SHABBAT
SUNDAY 12H00 -21H00



Mehadrin Commission

A- Z SHOWCASE

KOSHER FOOD SERVICES



BEIT YOSEF
BUTCHERY & DELI

JOHANNESBURG



+27 82 643 0819



70 George Avenue, Sandringham



beityosefbutchery@gmail.com



www.facebook.com/beityosef

KOSHER STATUS:



MEAT
Mehadrin commission



PAREV



BERKIES
DELI & CATERING

CAPE TOWN



+27 82 854 1865
+27 73 148 5904



The Point Mall, Cnr Regent and
St Andrews Road, Sea Point



berkies@iafrica.com



www.berkies.co.za

KOSHER STATUS:



MEAT



PAREV

NEWLY-CERTIFIED PRODUCTS

The following 200g pouches of **First Choice Flavoured Custard** are now kosher **Dairy**, with or without BD logo.

Chocolate
Coco-pine
Cream soda



The following **Komati Foods** products are now kosher **Parev**.

<i>Smooth Peanut Butter</i>	<i>Pecan Nut Butter</i>
<i>Crunchy Peanut Butter</i>	<i>Hazelnut Butter</i>
<i>Pistachio Nut Butter</i>	<i>Cinnamon Nut Butter</i>
<i>Cashew Nut Butter</i>	<i>Walnut Butter</i>
<i>Almond Nut Butter</i>	<i>Macadamia Nut Butter</i>



....See our website for more Komati products



Woolworths Rainbow Trout Nibbles are now kosher **Parev**, with the BD logo.



PRODUCT UPDATES



KIKKOMAN UPDATE

PRODUCED IN SINGAPORE

The original Kikkoman Naturally/Traditionally Brewed Soy Sauce is certified by **Kosher Australia** without a stamp if it's made in **Singapore**.

PRODUCED IN NETHERLANDS (NEW TO SA)

The original Naturally/Traditionally Brewed Soy Sauce, Less Salt Soy Sauce, Ponzu Lemon, Tamari Gluten Free are certified by **KLBD** without a stamp if it's made in **Netherlands**

All other Kikkoman products require a reliable hechsher.



DEWFRESH SOYA MILK KOSHER STATUS

The kosher status of Dewfresh Soya Milk has changed to **Dairy**. The labelling was updated correctly as well. If used, kashering is not required.

ALERTS & NOTICES

- **Miam Nougat Products and Milano Honeycomb** (including all other products produced by Laborie Foods) are no longer kosher certified. **All products produced on or after 1 December 2023 are not kosher certified.**
- **Rio Largo Balsamic Vinegar** erroneously bears the BD logo and is **not kosher certified**. The company apologises for the error and corrective action is being taken.
- **Nicky's Preserves Sweet Mustard** bears an unauthorised use of our BD logo, this product is **not kosher certified**. The company apologises for the error, and stickers are now covering the kosher logo.
- **Lifestyle Foods Peanut Butter Smooth/Crunchy** is **no longer kosher certified**. The logo has been removed, please check before purchasing.

'LETTUCE' TALK ABOUT VEG CHECKING

Our simple guide on how to check your lettuce.

LETTUCE

The best lettuce to use are Cos / Romaine lettuce.

These are the easiest to check/clean. Lettuce is commonly infested with three types of insects:



GREENFLY/APHID

This insect attaches itself to the leaf by burrowing its mouth deeply into the leaf tissue. The Greenfly is the **same colour as the leaf**.



THRIPS

A **tiny black or light green insect** (approximately 1mm long), which, to the naked eye, **looks like a tiny particle of fibre** or something similar.



WORMS / CATERPILLARS

CURLY-LEAFED LETTUCE

Use only the Micro-Cloth Method.

If the tops of the leaves are frizzy, they are classified as curly leafed.



If you use the micro-cloth method, you can use the all leaves after they have been separated and cleaned.



If you're using a sponge method, any part of the leaf that is so curly, pleated, corrugated or crumpled that a sponge cannot get into the crevice, that section **must be removed and cannot be used**.

*Many leaves of Iceberg lettuce have these curls and crevices.

NON CURLY-LEAFED LETTUCE

You may use one of the following methods.
METHOD A is the preferred method.

METHOD A

✓ Use the Micro-Cloth Method

METHOD B

✓ Cleaning with a sponge

1. Separate ALL the leaves. That means **detach and completely open** out every single one.
2. Rub each leaf on both sides with a soft, very soapy, sponge. Take care to **wipe into all the folds**. Discard any parts which you cannot reach with the sponge.
3. Thoroughly **rinse both sides of each leaf** under a stream of cold water.

Note: You do not need to visually check the leaves once this method has been used.

METHOD C

✓ Checking

1. Separate ALL the leaves. That means detach and completely open out every single one.
2. Thoroughly rinse all the leaves.
3. Soak the leaves in a soap-water solution (enough soap to make the water feel slimy) for five minutes.
4. Pour out the water and thoroughly rinse the leaves individually under a stream of cold water
5. Pour out the water and **thoroughly rinse the leaves individually** under a stream of cold water.
6. Check every leaf very carefully on both sides (by **holding it up to a good source of light** so that it shines through the leaf). Take special care to **inspect the folds** in the leaves. Remove and discard any insects or suspicious looking particles.

Note: There are 7 main types of lettuce, and dozens of varieties within each type.

Message from **RABBI DOVI GOLDSTEIN**

Dear Community,

Exciting news awaits in our kosher world so dive into the latest in our latest newsletter:

- New Restaurant and Bakery Unveiled - Step into Burger Park in the Genesis Centre or order from Pekarnya-Yana's Bakery to enjoy mouthwatering treats.
- Fresh Kosher Finds - Elevate your kosher shopping with new must-haves products.
- Alerts and Notices - Stay updated with crucial news and product updates including newly available Kikkoman sauces now available on SA.
- Lettuce Lowdown - Is your salad kosher? Tips to ensure it is.

Embark on a kosher adventure with us!

Warm Regards,

Dovi Goldstein

Rabbi Dovi Goldstein | MD Kosher SA

If you are unsure if a product is acceptable please contact us:
WhatsApp Helpline (no calls please) +27 63 693 9417

T: +27 10 214 2600
E: koshersa@uos.co.za
W: www.koshersa.co.za

9 am-5 pm Mon-Thurs / 9 am-3 pm Fridays
Closed weekends, Public & Jewish Holidays



@KosherSA



@kosher_sa

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