



KOSHER SA

A Division of the UOS

KOSHER UPDATES & NOTICES

SEPTEMBER 2023

Dear Community Member, in order to keep informed, please see below for the most recent Kosher product updates and alerts. Some products you may have seen but we like to do a summary of all the new products from the past month.

FOOD SERVICES UPDATE



Brewsky Coffee Bar is now selling foods, which are Parev & Pas Yisrael.



Kosher Status:



Parev



Dairy



Chalav
Yisrael



Meat

FOOD SERVICES A - Z SHOWCASE



Angel Food Catering

Function Coordinator

Jody Kruger
071 739 4781

Johannesburg



071 739 4781



_angel.food



angelfoodcatering



NEW PRODUCTS

Sip + Savor Vegan Freezo Latte Mix range is now kosher
Dairy, with or without BD.

Enjoy hot or cold!

Coffee, Chocolate Decadence, Spiced Chai, White Chocolate Symphony



Excella Long Grain Parboiled Rice is now kosher
Parev, with the BD logo.

Cerebos Fiery Chicken Flavoured Instant Noodles are now kosher **Dairy**, with the BD logo.*



The following **True Food** products are now kosher **Parev** with or without BD logo:

*Raw Cacao Nibs
Xylitol Granules
Raw Cacao Powder*

Montagu Sugar Free Dark Chocolate Coated Raisins, Peanuts, & Almonds are now kosher **Dairy**, with or without BD logo.



KOSHER ALERTS

UPDATE

All flavours of Good Heart Stick Chips (including those sold on Lift airlines) erroneously bear the BD logo and are **not kosher certified**. The company apologises for the error and corrective action is being taken.



Spice & All Things Nice (all products) are **no longer kosher certified**.



Current stock is okay up until production date August 31 2023.

All Youthful Living products that bear our logo are **not kosher certified**. The use of our logo is unauthorised and corrective action is being taken.



**Download our printables and stay ahead of the game this
Yom Tov**

Print it

Get organised early

Get the kids involved

Get organised early
Get the kids involved

[illegible]

	SHANAH TOVAH! שנה טובה	
SHANAH טובה	SHANAH TOVAH! שנה טובה	SHANAH TOVAH! שנה טובה
		

8=0

Find the missing items?

- Honey
- Apples
- Pomegranate
- Cat
- Fish
- Challah Bread
- Yarmulke
- Carrot
- Shofar Horn
- Bee

Ask an adult about these items.



2023 SUKKOT MENU

DATE: _____

LUNCH	DINNER

**May each moment of this graceful week
sing of love and joy, Chag Sameach!**



KOSHER SA
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GOVERNMENT OF CANADA

B
SA
D

IN PREPARATION FOR HEALTHY YOM KIPPUR FASTING

BEFORE THE FAST

Stay hydrated
Avoid any salty or
spicy foods where
possible
Avoid any caffeine to
prevent withdrawals

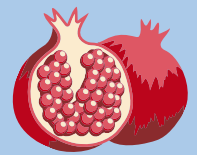
DURING THE FAST

Choose temperature-regulating
clothing
Get some fresh air
Use scents like cloves in a lemon
for restoration

AFTER THE FAST

Hydrate by drinking fluids
after fasting
Gradually reintroduce
regular foods (avoid
overeating)
Take note of fasting
strategies for future
reference

FRESH PRODUCE FROM ISRAEL



Grains, fruits, and vegetables (and their extracts) that grow in the halachic boundaries of Israel are subject to many extra kosher laws due to the holiness of the land.

These include: The requirement to separate terumah (the Priestly tithe) and ma'aser (tithes for the Levites, the poor, and the portion that was to be eaten in Jerusalem in Temple times).

Processed foods from Israel with a reputable hechsher guarantees that all these halachic issues have been taken care of.

PLEASE CHECK FRUIT AND VEGETABLES FOR SOURCE OF ORIGIN TO IDENTIFY WHETHER THEY ARE FROM ISRAEL.

TO LEARN MORE ABOUT SEPERATING OF TERUMAH & MA'ASER

GO TO WWW.KOSHERSA.CO.ZA
THEN GO TO OUR KOSHER LEARNING SECTION ON OUR WEBSITE TO FIND
OUT MORE

If you are unsure if a product is acceptable, use our
WhatsApp Helpline (*no calls please*) **+27 63 693 9417**

Office Phone +27 10 214 2600

koshersa@uos.co.za

9 am-5 pm Mon-Thurs / 9 am-3 pm Fridays
Closed weekends/public & Jewish holidays

Visit our website
www.KosherSA.co.za

FOLLOW US ON FACEBOOK & INSTAGRAM



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@kosher_sa

Message from **RABBI DOVI GOLDSTEIN**

Dear Community Members,

As the Yamim Noraim (High Holy Days) approach, we extend our warmest wishes of Shana Tova to you for a blessed and joyous Rosh Hashanah and a meaningful Yom Kippur fast. May this year be filled with health, happiness, and prosperity for you and your loved ones.

At Kosher SA, we are committed to providing you with the most updated information on restaurants, new products and kosher product updates. We have also included some downloads for Rosh Hashona and your Sukkah as well as tips for the upcoming fast.

Visit our website to explore these new products and more, ensuring your holiday preparation is without stress.

Thank you for entrusting us with your kosher needs. We look forward to serving you throughout this special season and beyond.



Warm Regards,

Rabbi Dovi Goldstein | MD Kosher SA